

## 5000m

MHWT U50 / MLWT OPEN	Medal Category	Finish Time
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George Gioupis	MHWT U50	16.54.6
Scott Higginson	MHWT U50	16.57.8
Ben Jago	MHWT U50	17.14.3
Rhydian Gierat	MHWT U50	17.26.9
Konstantinos Katsavrias	MHWT U50	17.50.4
Konstantinos karaiskos	MHWT U50	18.36.2
Craig Guest	MHWT U50	18.38.4
Adrian Marshall	MHWT U50	
Sven Wittchen	MLWT OPEN	18.26.2
Brendan McAuley	MLWT OPEN	18.51.3

### MHWT O50

Toby Clay	MHWT O50	16.33.9
Kent Pettersson	MHWT O50	16.58.2
Niall ODonnchu,	MHWT O50	18.24.0
Shaun Callaghan	MHWT O50	18.27.1
Michael MacLaren	MHWT O50	18.37.4
Jussi Koponen	MHWT O50	19.03.1
Paul Winton	MHWT O50	19.26.3
Gregory Gandy	MHWT O50	

### WHWT / WLWT

Anna Muehle	WHWT	19.12.2
Jill Hardy	WHWT	19.12.8
Shannon Nordquist	WHWT	19.17.4
Nicola Goss	WHWT	19.34.6
Benita Clausen	WHWT	20.01.9
Nancy E Peck-Cook	WHWT	
Piia Autonen-Laakso	WLWT	20.30.1
Jodie Caspeson	WLWT	20.55.6
Hannah Hocking	WLWT	21.05.5

## 1000m

### Men U50

George Gioupis	Men U50	3.01.3
Konstantinos Katsavrias	Men U50	3.03.3
Scott Higginson	Men U50	3.03.8
Matej Čambal	Men U50	3.17.6
Konstantinos karaiskos	Men U50	3.23.7
Sven Wittchen*	Men U50	3.27.8
Joshua Flood	Men U50	
Adrian Marshall	Men U50	

### Men O50

Richard Cooper	Men O50	3.14.5
Shaun Callaghan	Men O50	3.22.9
Niall ODonnchu,	Men O50	3.23.5
Jussi Koponen	Men O50	3.27.4
Tony Walpole	Men O50	3.27.8
Ian Perry	Men O50	

### Women Open

Piia Autonen-Laakso *	Women Open	3.49.9
Jodie Casperson *	Women Open	3.50.8
Hannah Hocking *	Women Open	3.54.2
Ella Fox	Women Open	

### Kids

Jude Higginson	Kids	390
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