

**1000m**

<u>MEDAL</u>	<u>Name</u>	<u>Age</u>	<u>CATEGORY</u>	<u>Time</u>
<b>WHWT</b>				
	Katie Millington	28	WHWT	3.31.2
	Victoria Starr	48	WHWT	-
	Maddie Weston	18	WHWT	3.43.6
<b>WLWT</b>				
	Sian McPhee	35	WLWT	3.48.6
	Susan Young	54	WLWT	4.13.6
	Carol Alker	64	WLWT	4.14.4
<b>MU50</b>				
	Alex Gockman	45	MU50	3.12.4
	Richard Potter	28	MU50	3.08.7
	Jim Harvey	33	MU50	3.15.4
	John Steventon	48	MU50	3.14.0
	Jamie Chadwick	28	MU50	3.08.9
	John Pritchard	45	MU50	3.19.0
<b>MO50</b>				
	Tony Walpole	51	MO50	3.13.4
	Mark Evans	53	MO50	3.24.9
	Allen Hodgson	54	MO50	3.29.5
	Shaun Callaghan	55	MO50	3.12.6
	Nigel Colley	64	MO50	3.24.4
	Bruce Slade	73	MO50	-
	Mike Hurley	84	MO50	3.42.7
<b>MLWT</b>				
	Amir Shahin	32	MLWT	3.29.0
	Mark McPhee	40	MLWT	3.19.5
	Joe White	46	MLWT	3.35.9
	Mark Sanders	60	MLWT	3.55.3
	Harry Hellam	61	MLWT	3.33.2
	Nathan Newton	39	MLWT	3.18.0

**5000m**

<u>Name</u>	<u>Age</u>	<u>CATEGORY</u>
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**MU50**

Jamie Chadwick	28	<b>MU50</b>	17.26.5
Richard Potter	28	<b>MU50</b>	17.55.5
Jim Harvey	33	<b>MU50</b>	18.14.2
Craig Guest	37	<b>MU50</b>	17.22.1
Ray Lowrie	38	<b>MU50</b>	-
Pete Edkins	45	<b>MU50</b>	18.12.8
Alex Gockman	45	<b>MU50</b>	17.21.4
John Steventon	48	<b>MU50</b>	18.33.3

**M50-59**

John Walsh	50	<b>M50-59</b>	18.08.0
Tony Walpole	51	<b>M50-59</b>	18.25.0
Mark Evans	53	<b>M50-59</b>	18.35.4
Paul Nash	53	<b>M50-59</b>	16.45.8
Allen Hodgson	54	<b>M50-59</b>	19.59.5
John Pritchard	55	<b>M50-59</b>	18.24.9
Shaun Callaghan	55	<b>M50-59</b>	18.02.8
Peter Metalli	55	<b>M50-59</b>	

**MO60**

Nigel Colley	64	<b>MO60</b>	18.45.1
Bruce Slade	73	<b>MO60</b>	21.10.7
Mike Hurley	84	<b>MO60</b>	20.10.7

**MLWTU50**

Nathan Newton	33	<b>MLWTU50</b>	18.27.4
Giles Piggot	24	<b>MLWTU50</b>	17.15.7
Amir Shahin	32	<b>MLWTU50</b>	19.20.5
Js	45	<b>MLWTU50</b>	17.43.2
Joe White	46	<b>MLWTU50</b>	20.13.2

**MLWTO50**

Dan Connor	50	<b>MLWTO50</b>	17.48.6
David Plumb	56	<b>MLWTO50</b>	19.57.0
Mark Sanders	60	<b>MLWTO50</b>	20.28.2
Harry Hellam	61	<b>MLWTO50</b>	19.32.6

**WHWT**

Lolita Age	38	<b>WHWT</b>	21.02.4
Victoria Starr	48	<b>WHWT</b>	-

**WLWT**

Susan Young	54	<b>WLWT</b>	21.44.4
Heidi Viles	40	<b>WLWT</b>	-
Severine Chuniaud	38	<b>WLWT</b>	-

**KIDS 2 mins**

Marley Weir	Year 5	-
Jasmine Ahmad	Year 6	403
Kayla Ahmad	Year 6	-
Gracey Sellway	Year 5	367
Hannah Sutton	Year 4	256

**KIDS 4 mins**

Emily Kovac	Year 9	965
Ella-Mae Ahmad	Year 9	1017
Sam Turner	Year 7	847
Florence Bailey	Year 7	-
Melisa Age	Year 8	912